

PUBLICATION OF THE 2024 LIST OF PROHIBITED SUBSTANCES

The World Anti-Doping Agency (WADA) has published the [2024 List of Prohibited Substances and Methods](#) (List), which was approved by WADA's Executive Committee (ExCo) during its meeting on [22 September 2023](#) and enters into force on 1 January 2024.

WADA has also published:

- the [2024 Summary of Major Modifications and Explanatory Notes](#) as compared to the 2023 List; and
- the [2024 Monitoring Program](#), which includes substances that are not on the List, but that WADA wishes to monitor in order to detect potential patterns of misuse in sport.

The List is one of the eight [International Standards](#) that are mandatory for all [Signatories](#) of the [World Anti-Doping Code](#) (Code). It designates what substances and methods are prohibited both in- and out-of-competition and which substances are banned in particular sports.

- **All shooting Athletes, their entourage and all stakeholders are encouraged to acquaint themselves with the Summary of Major Modifications to avoid inadvertent use of substances and methods that are prohibited in sport for 2024.**

Major modifications for 2024

All Major Modifications for 2024 are outlined in the [2024 Summary of Major Modifications and Explanatory Notes](#), including the following particular information regarding tramadol:

On [23 September 2022](#), the ExCo endorsed the recommendation by WADA's [List Expert Advisory Group](#) to prohibit the narcotic tramadol in competition, effective 1 January 2024. The delay in implementation was to provide an additional year to allow enough time for stakeholders to learn and adapt to this change.

Tramadol has been on WADA's Monitoring Program and data gathered through that program have indicated significant use in sports. Tramadol abuse, with its risk of physical dependence, opiate use disorder and overdoses, is of concern worldwide and has led to it being a controlled drug in many countries. Research studies funded by WADA, as referenced in the Explanatory Note, have also confirmed the potential for tramadol to enhance sports performance.

Annual list review process

WADA leads an annual revision process concerning the List, beginning with an initial meeting in January and concluding with the publication of the List by 1 October. This is an extensive consultation process that includes WADA's [List Expert Advisory Group](#) gathering information including the latest scientific and medical research, trends, and intelligence gathered from law enforcement and pharmaceutical companies; circulating a draft List among stakeholders; and, taking their submissions into consideration to revise the draft, followed by review by the Agency's [Health, Medical and Research \(HMR\) Committee](#). The HMR Committee then makes its recommendations to WADA's ExCo, which approves the List during its September meeting.

For a substance or method to be added to the List, it must be determined that it meets at least two of the following three criteria:

1. It has the potential to enhance or enhances sport performance
2. It represents an actual or potential health risk to the athletes
3. It violates the spirit of sport

The List is released three months ahead of it taking effect so that athletes, their entourage and other stakeholders can acquaint themselves with any modifications. Ultimately, athletes are responsible for prohibited substances found in their body and prohibited methods found to have been used. Athlete entourage are also liable for Anti-Doping Rule Violations if determined to be complicit. Consequently, if there is any doubt as to the status of a substance or method, it is important that they contact their respective Anti-Doping Organizations (International Federation or National Anti-Doping Organization) for advice.

The Therapeutic use Exemption Program

It should be noted that shooting athletes who have a legitimate medical reason for using a prohibited substance or method that is on the List can apply for a [Therapeutic Use Exemption](#) (TUE) to determine whether they meet the criteria outlined in the [International Standard for Therapeutic Use Exemptions](#) (ISTUE). The TUE Program is a rigorous and necessary part of elite sport which has overwhelming acceptance from athletes, physicians and anti-doping stakeholders.

The ISSF TUE application form can be found here [Therapeutic Use Exemption](#)

Educational Resources

In addition to the documents linked above, WADA has provided, or will provide, a number of educational resources as part of its [Code Implementation Support Program](#) (CISP), which can be accessed on the Agency's [Anti-Doping Education and Learning Platform](#) (ADEL). These resources include:

- A CISP Checklist – Implementing Revised List (available now)
- Athlete and Athlete Support Personnel (ASP) Factsheet on tramadol (to be available in November)
- Medical Professionals Factsheet on tramadol (to be available in November)
- Athlete and ASP Guide to the 2024 List (to be available in January 2024)

Languages and Formats

The 2024 Prohibited List; the 2024 Summary of Modifications and Explanatory Notes; and the 2024 Monitoring Program are available for download on WADA's website in English and French with Spanish to follow in the coming weeks.

Stakeholders wishing to translate the List into other languages are kindly asked to signal their interest to code@wada-ama.org. WADA will then provide the necessary files and, once the translation is finalized, will make the translated List available on the Agency's website.

The List's mobile-friendly digital edition will go live on 1 January 2024.

ISSF ENCOURAGES YOU TO GET ACQUAINTED WITH THE UPDATED PROHIBITED LIST BEFORE 2024