



BULL'S EYE THE ISSF IPOD ON DOPING



THE "ANTI-DOPING TEAM" AT THE WORLD CUP IN MUNICH.

THE ISSF SUCCESSFULLY LAUNCHED THE WADA ATHLETE OUTREACH PROGRAM AT THE WORLD CUP IN MUNICH MAY 14-21 2009.

Athlete Outreach is one of the most effective vehicles for educating athletes and their support personnel about the dangers and consequences of doping.

Our ISSF anti-doping team provided all athletes and support staff with the opportunity to participate in a computer quiz testing their knowledge of anti-doping. Various handouts were also available, such as the Athlete Guide, a Doping Control leaflet, the Prohibited List, etc. All winners and participants received prizes for their efforts.

The quiz is a great educational tool that provided an opportunity for all Shooters and their entourage (coaches, trainers, etc.) to learn about the dangers and consequences of doping in sports, as well as their responsibilities under the ISSF Anti-Doping

Rules and the World Anti-Doping Code in a fun, friendly and interactive environment. The quiz, available to be played in 20 different languages, guaranteed that practically every participant was able to take part in his/her own language, be it Russian, German, Arabic, Spanish, Greek, Polish, etc.

The positive feedback received by our anti-doping team was overwhelming! Thank you to all of you who participated in making the ISSF Anti-Doping Education Booth such a success!

See you all next year for the World Championships!

WHAT IS THE ISSF "IPOD"?

THE WORD IPOD IS AN ACRONYM FOR "INFORMATION PORTAL ON DOPING".

To explain: in the English language a "portal", means a door or an opening. And so, this section of the ISSF News is a medium for you to acquire information on doping.

This section of the ISSF News is called the ISSF IPOD in all languages. Accordingly, in all languages, it provides you with some useful and important information on doping.

Essentially, it is a catchy way to bring your attention to anti-doping information – even if the translation of the acronym does not amount to the word IPOD in other languages.

We hope you enjoy the IPOD and will continue reading it to stay updated on anti-doping information and ISSF anti-doping activities.

QUESTION AND ANSWERS ON THERAPEUTIC USE EXEMPTIONS(TUES)

THIS 4TH EDITION OF THE IPOD FOCUSES ON THERAPEUTIC USE EXEMPTIONS.

THE INFORMATION PROVIDED IS GENERAL. WE DO INVITE YOU TO DIRECT ANY SPECIFIC QUESTIONS REGARDING TUE'S TO THE ISSF OR TO YOUR NADO.

→ WHAT IS A THERAPEUTIC USE EXEMPTION (TUE)?

Shooters, like all other athletes, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption may give that athlete the authorization to take the needed medicine.

→ WHAT ARE THE CRITERIA FOR GRANTING A TUE?

The criteria are:

- The athlete would experience significant health problems without taking the prohibited substance or method,
- The therapeutic use of the substance would not produce significant enhancement of performance, and,
- There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

→ WHO GRANTS TUES?

Under the World Anti-Doping Code, WADA has issued an International Standard for the granting of TUEs. This International Standard and related Guidelines can be downloaded off the WADA website at www.wada-ama.org.

The standard states that all International Federations (IFs) and National Anti-Doping Organizations (NADOs) must have a process in place whereby athletes with documented medical conditions can request a TUE, and have such request appropriately dealt with by a panel of independent physicians called a Therapeutic Use Exemption Committee (TUEC). In Shooting Sport, the

ISSF is responsible for granting or declining TUEs for international level shooters. NADOS, through their respective TUECs, are responsible for granting or declining such applications for national level shooters.

→ WHERE SHOULD I SUBMIT MY TUE APPLICATION?

If you are an international level shooter, or if you are entered in an international event, you must submit your TUE Application to the ISSF, which is responsible for accepting applications and granting or declining TUEs. For other shooters who are members of a country's national registered testing pool, TUE Applications must be submitted to the athletes' NADOs.

Note: Athletes must not submit TUE Applications to more than one organization. Athletes must submit their TUE Applications to the authority which applies to their status as an athlete, using the criteria mentioned above. WADA does not accept TUE Applications from athletes.

→ WHAT DOES A TUE APPLICATION LOOK LIKE, AND WHAT KIND OF INFORMATION IS NEEDED TO MAKE A PROPER APPLICATION?

A typical ISSF TUE application form is available on the ISSF website to familiarize all shooters and their medical personnel with the forms. Go to www.issf-sports.org, under Anti-Doping/ Resources for athletes and coaches/ Therapeutic Use Exemptions. A form can also be downloaded off the WADA website www.wada-ama.org

→ WHERE DOES A SHOOTER HAVE TO APPLY FOR A TUE?

All International-level shooters must contact the ISSF to apply for a TUE. All National-level shooters should contact their National Anti-Doping Organization to apply for a TUE.

→ IMPORTANT POINTS TO REMEMBER:

→ Beta blockers are a prohibited substance and are strictly prohibited in shooting sport.
→ A therapeutic use exemption for an international-level shooter will never be considered or granted by the ISSF for the use of a beta-blocker.

→ A therapeutic use exemption for any other substance will only be considered by the ISSF for a medically justified reason and under the following circumstances:

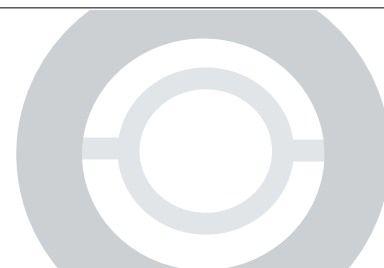
- The shooter would experience a significant impairment to health if the prohibited substance or method were to be withheld in the course of treating an acute or chronic medical condition;
 - The use of the prohibited substance or method would produce no additional enhancement of performance other than that which might be anticipated by a return to a state of normal health following the treatment of a legitimate medical condition, and;
 - There is no reasonable therapeutic alternative or any alternative is inefficient.
- THE ISSF encourages all shooters, their coaches and their medical staff to visit the WADA website www.ama-org, and the ISSF website www.issf-sports.org to obtain more information on TUEs. If you have any specific anti-doping topic that you would like us to present in the next edition of the IPOD please let us know at wmschreiber@issf-sports.org

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