



# BULL'S EYE THE ISSF IPOD ON DOPING

## ISSF INFORMATION PORTAL ON DOPING

**IN THE LAST EDITION OF THE IPOD, WE PROVIDED, AMONG OTHER TOPICS, SOME USEFUL INFORMATION ON THERAPEUTIC USE EXEMPTIONS.**

**IN THIS EDITION OF THE INFORMATION PORTAL ON DOPING "IPOD", WE CONTINUE ADDRESSING THE IMPORTANT ISSUE OF THERAPEUTIC USE EXEMPTIONS. MORE SPECIFICALLY, THE TOPIC OF ATUES - ABBREVIATED THERAPEUTIC USE EXEMPTIONS - AND THE IMPORTANT FACT THAT THEY NO LONGER EXIST UNDER THE REVISED WORLD ANTI-DOPING CODE AND ISSF ANTI-DOPING REGULATIONS.**

**INDEED, THERE ARE SIGNIFICANT CHANGES IN THE INTERNATIONAL STANDARD FOR THERAPEUTIC USE EXEMPTIONS THAT COULD POTENTIALLY HAVE A DIRECT IMPACT ON EVERY SHOOTER WHO CURRENTLY POSSESSES AN ATUE.**

**EVERY SHOOTER, COACH, AND TEAM DOCTOR SHOULD BE MADE AWARE OF THIS NOTEWORTHY INFORMATION.**

### 1. ATUES

**(ABBREVIATED THERAPEUTIC USE EXEMPTIONS) NO LONGER EXIST AND WILL NO LONGER BE VALID.**

As from January 1, 2009, Abbreviated TUE application forms are no longer being used by any sporting organizations, including the ISSF. This means that if a shooter holds an ATUE that was completed and granted before January 1, 2009, it remains valid until the earliest of the following dates:

- The expiration of the current ATUE
- December 31, 2009

In other words: all ATUES will no longer be valid as of January 1, 2010; and any shooter currently holding an ATUE must be aware of this.

### 2. APPLICATION FORM

**ANY SHOOTER WHO CURRENTLY HAS AN ATUE MUST RE-SUBMIT A NEW AND COMPLETE TUE APPLICATION FORM BEFORE DECEMBER 2009.**

### 3. GUIDELINES

**THE FOLLOWING GUIDELINES MUST BE FOLLOWED:**

**IF A SHOOTER NEEDS TO USE GLUCOCORTICOSTEROIDS**

The type of documentation shooters must submit for the use of glucocorticosteroids depends on the "route of administration" (how you administer or take the medication). There are three options.

#### → OPTION ONE

Shooters must complete a full TUE application if they take Glucocorticosteroids by any of the following systemic routes:

- Orally – through the mouth, usually in the form of pills
- Intravenous injection – injected into a vein
- Intramuscular injection – injected straight into a muscle
- Rectally – into the rectum usually in the form of a suppository

Team doctors and treating doctors should be consulted in order to properly fill out the documentation. The form must be printed

out, signed by the doctor, and sent to the ISSF (for international level shooters) or to the NADO (for national level shooters) along with a full medical file. Shooters who have access to ADAMS must submit their full TUE application form through ADAMS.

#### → OPTION TWO

Shooters must complete a Declaration of Use form if they take Glucocorticosteroids by any of the following non-systemic routes:

- Inhalation – through the mouth via an inhaler or "puffer"
- Intradermal injection – into the skin
- Epidural injection – into the spine
- Intra-articular injection – into a joint capsule
- Periarticular injection – around a joint
- Peritendinous injection – around a tendon

National and International level shooters who have access to ADAMS must submit their Declaration of Use form through ADAMS. They do not need to print off the form or send any additional documentation to the ISSF. However, shooters who do not have access to ADAMS, must submit their form and all the relevant documentation either to the ISSF (for international level shooters), or their NADO (for national level shooters).

#### → OPTION THREE

No documentation needs to be submitted for shooters who take Glucocorticosteroids by the following routes:

- Dermatological – on the skin
- Auricular - in or on the ear
- Buccal – inside the mouth (without swallowing)
- Gingival - on the gums
- Nasal - inside the nose, either by topical application or nasal spray
- Ophthalmic – on or in the eye
- Perianal – on or around the anus

**IF A SHOOTER NEEDS TO TAKE BETA 2 AGONISTS FOR ASTHMA**

Shooters who take Beta 2 agonists (salbutamol, formoterol, terbutaline or salmeterol) by inhalation for the treatment of asthma must submit a TUE for Asthma and a full medi-

cal file to confirm the diagnosis of asthma and/or its clinical variants. The medical file should include:

- A detailed medical history and clinical review
- Lung function test with spirometry
- Bronchodilator response and/or bronchial provocation tests

All treating doctors should consult the WADA Guidelines on Asthma at [www.wada-ama.org](http://www.wada-ama.org) in the Therapeutic Use Exemption section in order to assist shooters to complete the correct tests, and provide the correct medical information.

Shooters who have access to ADAMS must submit their application via the TUE for Asthma form in ADAMS. As with whereabouts information, a third party can be delegated to enter this information into the ADAMS account. However, shooters who do not have access to ADAMS, must submit the form either to the ISSF or their NADO.

For international level shooters, if the TUE for Asthma is completed correctly with valid test results, the ISSF TUE Committee may grant an approval for up to 3 years and shall send the shooter a confirmation thereof.

National level shooters should consult the rule of their NADO in this regard

#### **FOR ALL SHOOTERS WHO NEED TO TAKE ANY OTHER MEDICATIONS**

Although we mentioned this in the last Edition of the IPOD, we remind you that shooters who wish to apply for the therapeutic use of any other substance or method which is included in the Prohibited List must complete a full TUE application form and attach a complete medical file.

The ISSF suggests that all shooters seek their treating doctor's assistance in order to attach the correct medical documentation. The WADA website offers guidelines on the medical information required to support several common medical conditions: [www.wada-ama.org](http://www.wada-ama.org) in the Therapeutic Use Exemptions section. Shooters who have access to ADAMS must complete and submit the TUE application form through ADAMS. We remind you all once again that **no TUEs will be accepted by the ISSF for the use of Beta-Blockers**

#### **SUBMISSION REQUIREMENTS**

- All TUE applications for ISSF shooters must be received by the ISSF at least 21 days before medication is commenced. **Failure to do so will result in an anti-doping rule violation.**

- All Declaration of Use forms must be submitted to the ISSF or the NADO as soon as any substance starts being used and under all circumstances prior to competition. **Failure to do so will result in an anti-doping rule violation.**

We remind all national level shooters to contact their respective NADO for any clarifications on specific national submission requirements.

**We thank all of you who have submitted questions and comments to the ISSF IPOD.**

The question and topic we have chosen to share with our readers in this Edition relates to Laboratories:

**Question:** Once I have undergone Doping Control, where are my samples sent?

**Answer:** All doping control samples are sent to one of the 35 WADA Accredited Laboratories for analysis worldwide.

In fact, samples can only be sent to WADA accredited laboratories for analysis, otherwise, the samples, and their analysis results, will not be valid. These anti-doping laboratories are dedicated to the analysis of sports doping control tests.

**Article 5.7.1 of the ISSF Rules clearly states that "Doping Control Samples collected under these anti-doping rules must be analyzed in accordance with the Code. Specifically, all doping control Samples (...) must be analyzed by WADA Accredited Laboratories.**

Laboratories that wish to perform the analysis of doping controls for sports under the World Anti-Doping Code must achieve and maintain accreditation from WADA.

In order to receive accreditation, these laboratories must fulfill a number of technical requirements. The International Standard for Laboratories (ISL) and its related technical documents specify the criteria that must be met for accreditation and re-accreditation, as well as standards that must be met for the production of valid test results and evidentiary data.

Accredited laboratories must continue to fulfill all these requirements, as well as those listed in the International Standard for Laboratories in order to maintain their accreditation.

The purpose of the ISL is to ensure production of valid test results and evidentiary data and to achieve uniform and harmonized results and reporting from all accredited laboratories.

## **4. LABORATORIES**

There are currently 35 accredited laboratories world wide. Their location and name are listed below:

**Sydney, Australia** > Australian Drug Testing Laboratory (ASDTL) / **Seibersdorf, Austria** > Seibersdorf Labor / **Ghent, Belgium** > DoCo-Lab University Gent / **Rio de Janeiro, Brazil** > LAB DOP – LADETEC / **Montreal, Canada** > Laboratoire du controle du dopage. INRS / **Beijing, PR China** > National Anti-Doping Laboratory-China Anti-Doping Agency / **Bogotá, Colombia** > Laboratorio de Control al Dopaj, Coldeportes. / **Havana, Cuba** > Antidoping Laboratory Sports Medecine Institute / **Prague, Czech Rep.** > General Faculty Hospital, Department of Doping Control / **Helsinki, Finland** > United Laboratories Ltd. / **Paris, France** > Agence Française de Lutte contre le Dopage, Département des analyses / **Cologne, Germany** > Laboratory for Doping Analysis, German Sports University / **Kreischa, Germany** > Institute of Doping Analysis and Sports Biochemistry. IDAS. / **London, Great Britain** > Drug Control Centre. King's College / **Athens, Greece** > Doping Control Laboratory of Athens / **New Delhi, India** > National Dope Testing Laboratory / **Roma, Italy** > Laboratorio Antidoping FMSI / **Tokyo, Japan** > Mitsubishi Chemical Medicine Corporation / **Seoul, Korea** > Doping Control Centre, Korea Institute of Science & Technology / **Penang, Malaysia** > Doping Control Centre Penang / **Oslo, Norway** > Aker University Norwegian Doping Control Laboratory / **Lisbon, Portugal** > Laboratorio de Analises de Dopagem, Instituto de Desporto de Portugal / **Warsaw, Poland** > Department of Anti-Doping Research Institute of Sport / **Bloemfontein, South Africa** > South African Doping Control Laboratory / **Bucharest, Romania** > Romanian National Anti-Doping Agency / **Moscow, Russia** > Antidoping Center Moscow / **Barcelona, Spain** > Institut Municipal d'Investigacio Medica Unitat de Farmacologia / **Madrid, Spain** > Laboratorio de Control de Dopaje de la Agencia Estatal Antidopaje / **Stockholm, Sweden** > Doping Control Laboratory Karolinska University Hospital – Huddinge / **Lausanne, Switzerland** > Laboratoire Suisse d'Analyse du Dopage / **Bangkok, Thailand** > National Doping Control Centre Mahidol University / **Tunis, Tunisia** > Laboratoire de dépistage du dopage / **Ankara, Turkey** > Turkish Doping Control Center / **Los Angeles, USA** > UCLA Olympic Analytical Laboratory / **Salt Lake City, USA** > The Sports Medicine Research and Testing Laboratory (SMRTL) /