



INTERNATIONAL SHOOTING SPORT FEDERATION
INTERNATIONALER SCHIESS-SPORTVERBAND e.V.
FÉDÉRATION INTERNATIONALE DE TIR SPORTIF
FEDERACION INTERNACIONAL DE TIRO DEPORTIVO

ISSF ANTI-DOPING COMMITTEE

2017 TEST DISTRIBUTION PLAN

PURPOSE AND SCOPE

This TDP complies with the World Anti-Doping Code (WADC) and the International Standards for Testing and Investigations and for the Protection of Privacy and Personal Information, and respects the ISSF Anti-Doping Rules.

In order to plan and implement the distribution of doping controls both in-competition and out-of-competition and to succeed in effectively detecting, deterring and preventing doping practices, most notably the non-medically required abuse of beta blockers, the ISSF Anti-Doping Committee has approved the ISSF Test Distribution Plan (TDP) for the 2017 calendar year.

This TDP is based on ISSF's unique understanding, knowledge and appreciation of the shooting sport and its Athletes as well as the ISSF Anti-Doping and Medical Committees physiological risk assessment of doping in shooting.

All Athletes competing in ISSF Championships may be selected by the ISSF Testing Intelligence Officer, a Technical Delegate or an authorized doping collection agency for random and/or target testing both in and out-of-competition.

OBJECTIVES

The objectives of the ISSF TDP are specific to the shooting sport.

- ✓ To plan doping controls carefully and efficiently while taking into account the ISSF Anti-Doping Committee's assessment of various risk factors, the resources of different Championship Organizers, the ISSF Testing Intelligence Officer's investigations, the importance of each event in every ISSF Championship and the importance of deterrence.
- ✓ To operate a more efficient and intelligence-based doping control plan that is focused on outcomes, is easy to implement and that favours quality of testing over quantity.
- ✓ To more effectively utilize ISSF's and its Championships Organisers' budgeted doping control resources for 2017, while still complying with obligations under the ISSF Anti-Doping Rules and WADC.

ALLOCATION OF DOPING CONTROLS FOR 2017

The ISSF is confident in the merits of proceeding with its allocation of 2017 doping controls as follows and shall proceed as such unless the ISSF Anti-Doping Committee decides to modify this TDP.

In order to ensure that the objectives, purposes and directives of the 2017 TDP can be applied and respected by all ISSF Technical Delegates, its member federations and every Championship Organizer, consideration has been given to how these different member federations and Championship Organizers can effectively implement the TDP.

Accordingly the following are mandatory requirements (amongst others that are also outlined in the ***ISSF Doping Control Handbook for Championship Organizers and Technical Delegates***) :

- Doping control tests shall take place in all 2017 ISSF Championships in strict accordance with this TDP.
- All ISSF Championship Organizers are required to conduct doping control tests at their cost during their Championships and must select a qualified doping control service provider (Sample Collection Authority) to undertake such tests.
- All testing shall be conducted under the direct supervision of the Sample Collection Authority's designated Lead Doping Control Officer who will work with the ISSF Technical Delegate to ensure that the TDP is properly implemented.
- All Technical Delegates shall ensure that forms are duly filled out and that all ISSF requirements are carried out in accordance with the ***ISSF Doping Control Handbook for Championship Organizers and Technical Delegates***.
- All Technical Delegates shall actively participate in an annual Doping Control Workshop held in conjunction with the Annual ISSF Workshop for Championship Organizers and Committee Meetings to further their understanding of doping control processes and to improve the fulfillment of their respective responsibilities under the ISSF TDP.

INTELLIGENCE-GATHERING

ISSF appreciates that quality of testing must take precedence over quantity of testing.

Although ISSF shall continue to randomly test medal winners and finalists as well as any Athletes who establish or equal World Records, ISSF shall expend increased focus and energy on target testing in 2017.

It has become increasingly clear to ISSF that the only way to render testing more efficient is to utilize all available intelligence-gathering tools in order to better select Athletes for target testing based on diverse pre-determined criteria. To this end, the ISSF Anti-Doping Committee's appointed Testing Intelligence Officer (TIO) is responsible for collecting the intelligence required for a more resourceful, efficient and cost-effective implementation of the ISSF TDP.

The ISSF Testing Intelligence Officer's purpose is to carefully select Athletes for target testing based on a series of criteria. Along with this criteria, the ISSF's Testing Intelligence Officer continues to be responsible for vigilant statistical management and planning of all target tests (both in-competition and out-of-competition) by using past doping control data, testing outcomes (ATFs, ABP etc), injuries, rankings and competition results, current doping control data, and all other pertinent information available and relevant to making such determinations.

The Athletes selected by the Testing Intelligence Officer for target testing (TIO target tests) may be tested out-of-competition by ISSF, or in-competition in accordance with a list that shall be provided by the Testing Intelligence Officer to each Technical Delegate prior to each Championship.

TESTING PLAN

A mandatory Testing Plan for each ISSF Championship will be communicated to the TD prior to the Championships and will always clearly indicate which Athletes must be tested whether random or target and in or out-of-competition. This Plan will also provide reminders on the mandatory application of the Test Distribution Plan.

The Testing Plan must be respected and no substitutions will be allowed.

IN-COMPETITION URINE TESTING

The following outlines the required minimum number of in-competition doping controls tests that must be conducted "in-competition" at all 2017 ISSF Championships.

□ In each event in every Championship:

- One random selected from all medalists.
- One random selected from all finalists.
- All Athletes who establish or equal World Records (whether in finals or qualifications). If it is a team, only one member of the team will be tested based on a random selection.
- If one Athlete is both targeted or randomly selected for a test in one event and then randomly selected for a second test in another event in the same Championship, a coin flip will be conducted to determine if the second test should be taken on this same Athlete. If the coin flip determines the Athlete should not be tested a second time, then either another Athlete must be selected randomly or an Athlete on the list of alternates provided must be selected to satisfy the testing requirement.
- Mandatory in-competition target tests as provided by the Testing Intelligence Officer.

□ Target testing out of the entire pool of Athletes entered in a Championship:

- Any required and mandatory target tests shall be determined by the Testing Intelligence Officer. A list and detailed explanation of such tests and athletes selected for said tests shall be provided to the Technical Delegate prior to the Championship.
- Target tests must never be substituted for the mandatory random tests (described above). Every Athlete named on the target test list provided to the TD by the Testing Intelligence Officer must be tested. If one of those Athletes is then also randomly selected for testing as a finalist or medallist in a specific event, to satisfy the requirement, another Athlete must be randomly selected in lieu of the that Athlete.
- Calculating one-half of the total number of events in the Championship, minus one, will determine the number of target tests that will be required from all Athletes entered in the Championship.

For example: If there are ten events in one World Cup, (half of ten is 5, minus 1 is 4), four target will need to be conducted for all Athletes in that World Cup.

- At Championships where the number of entries averages less than fourteen per event only one target test will be conducted from all athletes entered in the Championship. The name of the Athlete will be provided by the ISSF Testing Intelligence Officer to the Technical Delegate prior to the Championship.

➤ **Exceptions:**

In accordance with the objectives of this TDP, exceptions to the minimum In-Competition testing requirements outlined above shall be allowed in the following instances:

- At the World Cup Finals, only one target test will be taken per event. The names of the athlete(s) to be tested shall be provided to the Technical Delegates by the Testing Intelligence Officer and no substitutions will be allowed.
- In any Championship where there are fewer than fourteen (14) entries in an Olympic event, only one random test from all finalists will be taken.
- In any Championship where there are non-Olympic events (for example, the 50m Rifle Prone Women event), one random test will be selected from all medalists and one random test will be selected from all other Athletes entered in the event. Where there are fewer than fourteen participants entered in a non-Olympic event, only one random test will be selected from all participants in that event.

IN-COMPETITION JUNIOR URINE TESTING

The following In-Competition Doping Control Tests are required for 2017 ISSF Junior Competitions (for each event in ISSF Junior World Cups or for each Junior event in an ISSF Championship)

- One random selected from all medalists.
- One random selected from all other Athletes.
- If there are fewer than 20 Athletes in an event, only one random Athlete will be selected.
- All Athletes who establish or equal World Records Junior. If it is a team, only one member of the team will be tested based on a random selection.
- In any Junior Championship where there are non-Olympic events (for example, the 10m Running Target Mixed Women Junior event), one random test will be selected from all Athletes entered in the event.

Without exception and regardless of their age all minor aged Junior Athletes must be tested when selected for testing under this TDP. If the Sample Collection Agency or the Championship Organizer has any restrictions on testing any athletes regardless of age, ISSF Headquarters must be notified immediately.

Doping Control Tests in 2017 for all Junior and separate Youth Olympic Games (YOG) MQS competitions at ISSF Championships (for each Junior event in the Championship) where no Quota Places for the YOG may be obtained.

- One random selected from all medallists.
- One random selected from all other Athletes.
 - If there are less than 20 Athletes in a Competition, only one random Athlete will be selected.
- All Athletes who establish, break, or tie World Records Junior. If it is a team, only one member of the team will be tested based on a random selection.

Doping Control Tests in 2017 for all Junior and separate YOG Quota Place competitions at ISSF Championships (for each Junior event in the Championship) where Quota Places for the YOG may be obtained.

- One random selected from all medalists
- One random selected from all other Athletes
- All athletes that become eligible to gain a Quota Place for the 2018 YOG must be tested.
- A Quota Place winner may be selected for testing in lieu of the random medalist or in lieu of the random selection from all other athletes. Any such substitutions must clearly be identified and explained on the Technical Delegate's post-Championship doping control report.

OUT-OF-COMPETITION URINE TESTING

ISSF may request that Out-Of-Competition testing missions take place before the start of a given Championship. All Out-Of-Competition doping controls will be target tests conducted with no advance notice.

In addition to in-competition target tests that will need to be conducted at every ISSF Championship, Technical Delegates will be informed on a case by case basis of mandatory out-of-competition testing request. When an out-of-competition test is requested by ISSF, the Technical Delegate will be provided a list of specific names that must be target tested. As such, these Athletes must be tested out-of-competition (which means before the official start of the Athlete's competition).

ISSF shall implement efficient out-of-competition testing in accordance with its appreciation of the specificities of the shooting sport. ISSF plans to carry out 10 to 15 out-of-competition doping tests in 2017. Out-of-competition tests will be specifically requested by ISSF and the costs of those tests will be paid by ISSF.

A physiological risk assessment study for all aiming sports confirms that doping out-of-competition provides little if any performance enhancing effect on this specific class of Athletes. Yet, acknowledging its obligations under the WADC, ISSF is committed to fulfilling its out-of-competition testing obligations. As such, an effective allocation of out-of-competition doping controls in shooting sport must be focused around or as close as possible to in-competition periods

The ISSF Testing Intelligence Officer will plan a majority of ISSF's out-of-competition tests based on the whereabouts information provided by its RTP Athletes. Doing so not only provides legitimacy to the RTP's purposes, but it also deters all RTP Athletes from committing filing failures or missed tests and from using prohibited substances in general.

ISSF REGISTERED TESTING POOL

The ISSF shall identify and maintain a Registered Testing Pool (RTP) of those Athletes who are required to comply with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations, and shall make available through ADAMS, on its website and via email communication a list which identifies those Athletes included in its Registered Testing Pool by name.

The ISSF Testing Intelligence Officer shall review and update as necessary the criteria for including Athletes in its RTP, and shall revise the membership of its Registered Testing Pool from time to time as appropriate in accordance with this criteria. Athletes shall be notified before they are included in the ISSF RTP and when they are removed from the RTP.

As of January 1, 2017, 20 Athletes will be included in the RTP. Each RTP Athlete is responsible for submitting whereabouts information to ISSF and must be available for testing at the times and

locations indicated on their submitted whereabouts information. Failure to do so may result in an anti-doping rule violation.

In accordance with its obligations under the ISSF Anti-Doping Rules as well as the International Standard for Testing and Investigations, ISSF shall also actively monitor any RTP Athlete who has a missed test and/or filing failure recorded against him or her in strict accordance with the results management process outlined in the ISSF Anti-Doping Rules.

BLOOD TESTING

ISSF remains steadfast in its belief that ISSF's anti-doping resources are better utilized by being applied to well-planned and targeted in and out-of-competition urine testing.

Based on the ISSF Medical Committee's physiological risk assessment of shooting sport and its Athletes and the finding of the 2014 WADA Technical Document for Sport Specific Analysis which confirmed that blood doping poses a 0% risk in shooting sport, ISSF believes that blood doping does not pose a risk in shooting sport and shall not allocate any resources to the testing of blood specimens in its 2017 TDP.

MANDATORY REPORTING OBLIGATIONS

These reporting obligations are mandatory for each Technical Delegate and must be respected without fail in order for ISSF to respect its own obligations under its Anti-Doping Rules and the WADC.

In accordance with reporting obligations under the ISSF Anti-Doping Rules and as outlined in the **ISSF Doping Control Handbook for Championship Organizers and Technical Delegates**, further to the completion of ISSF Championships, two distinct reports need to promptly be filled out by two distinct individuals and sent by registered mail or courier service to ISSF Headquarters:

- The first *Post-Championship Doping Control Report* must be completed by the Lead Doping Control Officer for the Championship in question.
 - ✓ *You are reminded that your TD post championship report has been shortened on the assumption and promise that you will ensure that the Lead Doping Control Officer will complete his or her Post Championship Doping Control Report.*
- The second *Post-Championship Doping Control Report* must be completed by the Technical Delegate for the Championship in question.

Technical Delegates are responsible for ensuring that both the *Lead Doping Control Officer Post-Championship Report* and the *Technical Delegate Post-Championship Doping Control Report* are properly completed and that both these reports along with all original doping control forms (when these will not be retained and processed by the Sample Collection Authority) are promptly sent to ISSF Headquarters by registered mail or courier service within 48 hours after the Championship.

MONITORING

This TDP shall be monitored, evaluated, modified and updated periodically, as required by the ISSF Anti-Doping Committee and the ISSF Testing Intelligence Officer.

The monitoring shall focus on efficiency, efficacy and targeted testing while taking into account the ongoing importance of deterrence and detection.

The monitoring shall also be based on ISSF intelligence and shall include the acknowledgment of various red-flags such as significant performance improvements, suspicious behaviour, follow-up testing on atypical findings, filing failures and missed tests, etc.

SUMMARY

The TDP approved by the ISSF Anti-Doping Committee shall be implemented and monitored based on the following principles and acknowledgements.

- ✓ The ISSF Anti-Doping Committee's recognition of the importance of effective and intelligent doping control in the fight against doping in sport.
- ✓ The ISSF Anti-Doping Committee's and Technical Delegates' understanding and respect of every Athlete's privacy and data protection rights in accordance with the International Standard for the Protection of Privacy and Personal Information.
- ✓ The uniqueness of the ISSF Anti-Doping Committee's expert assessment of the risks of doping in shooting sport.
- ✓ The ISSF Anti-Doping Committee's appreciation of the most effective use of the ISSF's resources, as well as those of its Championship Organizers to ensure optimum detection and deterrence throughout the calendar year.
- ✓ The ISSF Testing Intelligence Officer's assiduous targeted testing plan.
- ✓ The Technical Delegates respect and strict application of the TDP and of the Testing Intelligence Officer's target test selections.
- ✓ ISSF's unwavering commitment to keeping all its Athletes healthy and the sport of shooting clean and doping-free.