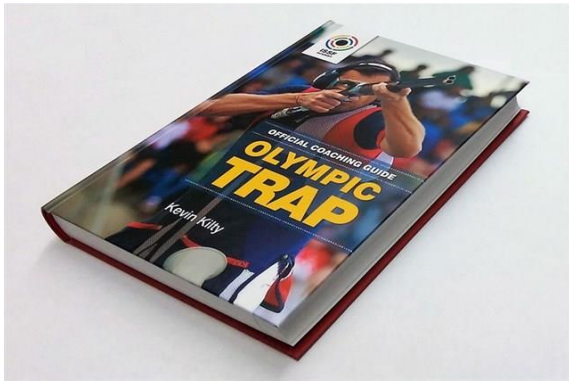


## ISSF Academy launches new coaching book



*The ISSF Academy is proud to announce the launch of its new book on coaching, the ISSF Academy Official Coaching Guide to Olympic Trap.*

Published by the ISSF Academy's head shotgun tutor Dr. Kevin Kilty, the book presents as an authoritative coaching manual for the Trap shooting discipline and stands out as a definitive reference for all coaches interested in shotgun shooting.

This book marks a significant step forward in the development of shotgun shooting and provides shooters and coaches with an important resource from which to further develop their own coaching careers and those of their athletes.

The book has been developed over several years and the structured components of coaching as taught on the ISSF Academy's acclaimed international coaching courses. With over 15-years' experience as a leading coach tutor, Dr Kilty brings together in this book his principles of coaching and education for the benefit of all shooters and coaches. The book has been designed to act as a companion book for shooters and coaches of all levels and will be especially useful for those who have attended or are thinking of attending ISSF Academy courses.

With over 340 pages of content, the ISSF Academy Official Coaching Guide to Olympic Trap delivers the latest advances and coaching advice on essential topics such as:

- The fundamentals of shooting technique
- Developing advanced shooting techniques
- Developing advanced coaching skills
- Coaching at competitions
- Use of tactical planning in competitions
- Physical training for shooting
- The use of coaches and shooters diaries
- Sports science and its use in shooting

The book is available for sale now on the ISSF Shop for Euro 49 plus VAT.

<http://www.issf-sports.org/theissf/shop.ashx>